



***St. Paul's Cathedral***  
***Diocese of Qu'Appelle***  
***Regina, Saskatchewan***

**NEWS BULLETIN #3**

**May 6, 2020**

***Message from the Communications & Welcoming Committee***

Even though you have seen the names of the Communications & Welcoming Committee, we realize many people may be wondering who we are. Starting with this issue of the *News Bulletin*, the committee will introduce themselves so you will be able to connect names with faces

And... we are looking for someone to join the committee who is savvy in website management and social media. Please contact us if you are interested.

*Jason Antonio & Angie Friedrich, Co-Chairs*

*Canon Michael Jackson, Jim Melville, Kelly Pierson, Canon Trevor Powell*

***Message from the Associate Priest, Father Ed Dunfield***

As we weather this pandemic, I thought of my grandfather (Pop). His mother died when he was 3 from diphtheria which swept Newfoundland. He then lived with an uncle and aunt who had lost their children and when he came of age was sent to boarding school in England. Why am I sharing this with you? Pop learned in this early period of his life that one does not express emotions verbally and it carried on to my dad; the British expression was to keep a stiff upper lip. We knew that they loved us, but it would have been nice to hear it from them. At this time, I encourage you to talk to other people, not only for their well-being but for yours.

St. Paul gave us this to meditate on during this time. 2 Corinthians says "We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted but not forsaken; struck down but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be visible in our bodies" (4: 8-10). Not only should we keep Christ visible, we should tell others of our love.

At the Saturday @ 5 service, we have a new acolyte, Tyler Popady nec (Lindsay Blacker's grandson). It is a pleasure to have Tyler, age 11, serving at the altar with me when services resume.



**Fr. Ed Dunfield with Tyler Popady nec  
 at "Saturday @5" on February 29, eve  
 of the First Sunday in Lent**

## *News of Parishioners      Committee member Jim Melville reports.*

How do you spell good old Anglican ingenuity? **JANET CRAIG**, that's how! Janet has a penchant to sew, saw a need, and started to make cloth masks. Originally intended as gifts for health care workers and those at risk, donations were made; then some businesses ordered a number of masks for employees and wanted to pay. What is Janet doing with this new-found wealth? Donating all the proceeds to St. Paul's! Thank you! While sewing masks is fun, Janet misses her church family, altar guild activities and participating in the liturgy. Her prayers were answered last week when her son, a music director on a cruise ship, finally made it safely home to self-isolate in Regina.

**Gail Bowen**, another extremely active parishioner, is busy editing a new book scheduled to be published in September. With other writers, she is also participating in a number of forums and discussions on various social media platforms and Zoom (who knew what Zoom was three months ago?). Yes, Facebook can be a challenge for Gail too! Through the time of the pandemic, her husband **Ted** is following the sage advice of Alfred E. Neuman: what, me worry? One of our servers, Gail's grandson **Ben**, isn't able to visit his grandparents every day, but does check in most days by telephone.

After almost a full year, **Lionel Bonneville's** legs are just about back to 100%. While missing his physiotherapy sessions, he has exercises to do at home and **Joanne** gets him out walking regularly. Lionel is quite upset with the cancellation of events at St. Paul's, as he was really looking forward to setting up and tearing down after multiple events in Bagnall Hall. Another disappointment was missing the opportunity to sit in the middle of the Farmers' Market on a cold, windy Saturday selling strawberries. But, with the advent of spring, he and Joanne are looking forward to lots of uninterrupted gardening and the delicious fresh vegetables that will come from their community garden plot.

## *Introducing Communications & Welcoming Committee Members*

### *Angie Friedrich, Co-Chair*



Have you ever had one of those moments in your life where you have asked yourself, “What did I just do?” and yet, for some reason you know it was the correct thing to do? That is how I felt after attending a stewardship meeting following a service at St. Paul’s Cathedral in February 2020. The meeting was a brainstorming session about changes or updates that could be made to attract people to increase the size of the congregation – an all-too-common challenge for most churches and congregations. My husband, Walter, and I moved to Regina fifteen years ago and were active at St. Matthew’s Anglican Church prior to moving to St. Paul’s. Walter quickly immersed himself in helping with the Saturday Cathedral Lunches; however, I had not settled into any routine of attendance. And here I was on that Sunday morning and they needed people to step up and help bring these creative suggestions to reality. As someone who has always believed that one does not simply go to church but you serve your church, I have spent most of my life serving in the various of roles of my church – from Sunday School teacher to district provincial representative with the Synod for the Lutheran Church and all the positions in between – I could not help but offer my support. I am very new to St. Paul’s Cathedral, but I know my fresh eyes, combined with past experience and eagerness to pitch in, will be helpful to the committee and the Church. I thank St. Paul’s for this opportunity to once again serve the Lord.

***Every Sunday at 10:30 a.m. join the Cathedral's live broadcasts.***

Facebook link: <https://www.facebook.com/StPaulsAnglicanCathedralRegina> The Facebook page can also be accessed from our website: [www.stpaulsregina.ca](http://www.stpaulsregina.ca) – at the bottom of the page, click on Facebook and scroll down to find the latest message and more. ***Just a reminder – You do NOT have to subscribe to Facebook or have an account in order to view the services, and if you are accessing Facebook through the website link, you may have to refresh a time or two. The best option is to use the link above.***

***Financial Support of the Cathedral***

Regular financial support is critical in these difficult times. Here's how we can all help:

1. Mailing contributions to the Cathedral.
2. For those *not* on Pre-Authorized Payment, consider going on PAP temporarily or permanently. This can be done over the phone (306) 522-6439 or via email and can be changed or cancelled at any time.
3. Making a donation/contribution through our website ([www.stpaulsregina.ca](http://www.stpaulsregina.ca)) using the *Donate* button (click on the Donate button and follow the instructions). Made through CanadaHelps.org, these donations are automatically deposited to our account; you will receive a tax receipt immediately.

**Unfortunately, Strawberry Fair will be CANCELLED this year for various reasons:**

- Our supplier will not take back what we can't sell this year;
- Our ability to open a truck sale is highly unlikely, as the Farmer's Market is closed until further notice;
- It is getting late in the strawberry season, with our selling feature being an early provider of the berry;
- Our sales force has a limited period to make sales – much can be done on the phone and via e-mail, but not enough to empty six-eight pallets; and
- The likely profits are not sufficient to outweigh the downside of paying for what we don't sell.

- ✓ If there are people you would like placed on the ***Cathedral prayer list*** (first names only), send them to ***Elvira*** at [office@stpaulsaregina.ca](mailto:office@stpaulsaregina.ca) They will be mentioned in future issues of the News Bulletin.
- ✓ If you have any news items for the bulletins, send them to [dmichaeljackson@sasktel.net](mailto:dmichaeljackson@sasktel.net)

***How to contact the Cathedral:***

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